

Pork Tapeworm (Xhosa), South Africa

MASIQHAWULE UMJIKELO WENTSHULUBE YEHAGU

ngokusebenzisa lamanyathelo
mathandathu alula alandelayo



6. Phekisiza inyama ngokuggibeleyo.

Kungcono ukukuselela kunkuzela. Inyama yehagu mayiphekliswe kungabiko mbala upinko nqazi lohuyayo. Ngoko hlobo amaqhakava (cysts) entshulube yehagu ayifa kwaye kunganduka nolwaseleko.



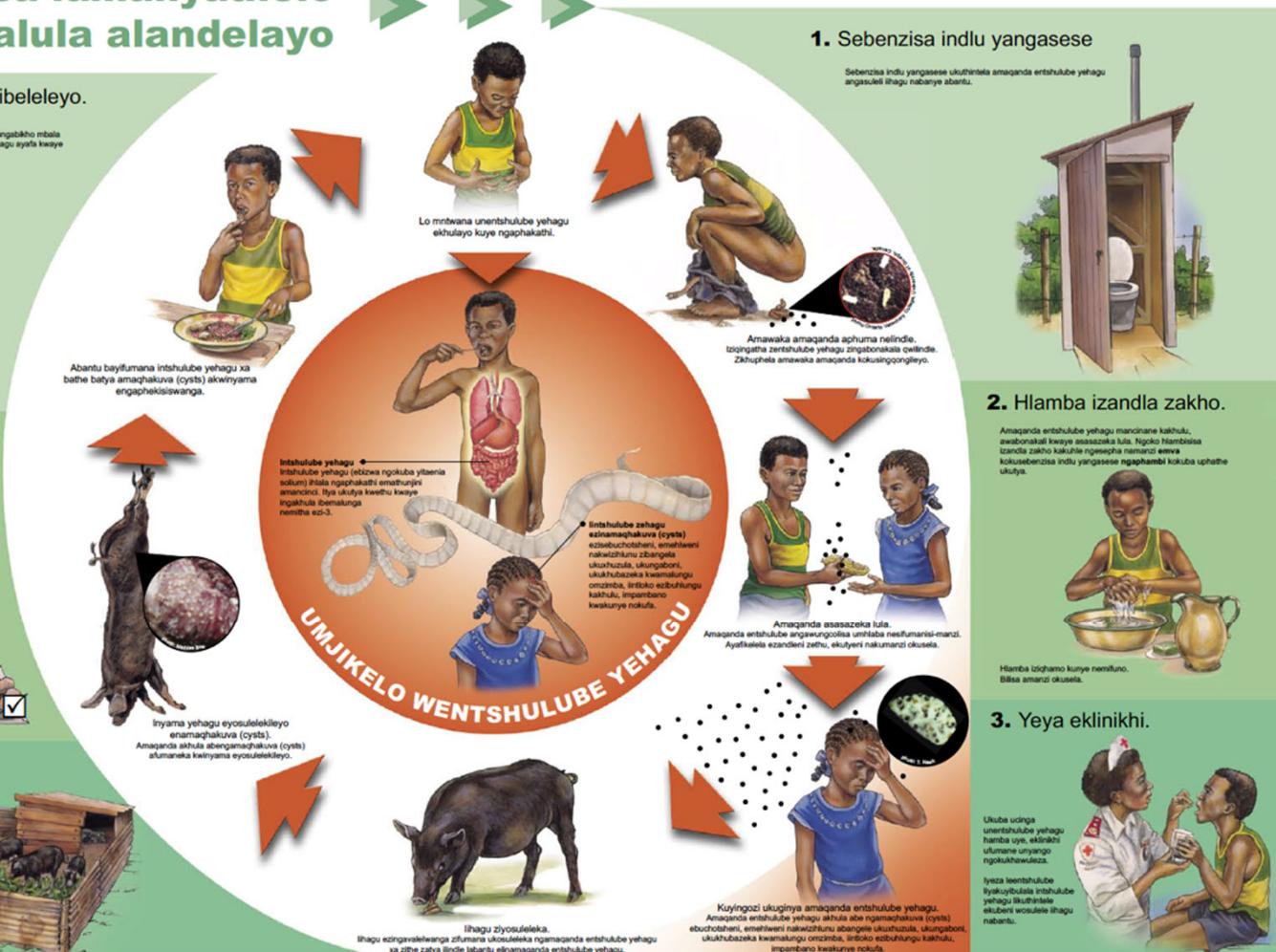
5. Hlola ukuba inyama ilungle.

Hlola inyama ngononophelo ukujinisekisa ukuba aymamachakava (cysts). Inyama enamaqchakava (cysts) ayifanelekanga ukuba itybe okanye ithengase.



4. Nqanda iihagu zingazuli.

Gqina iihagu zakho zivalewe ebuhlanzi okanye zibotheliwe esibondi ukuba zingizi nakutuza lindle labantu elinamqanda entshulube yehagu.



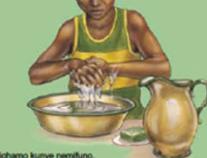
1. Sebenzisa indlu yangasese

Sebenzisa indlu yangasese ukuthintela amaqanda entshulube yehagu angaselle ihagu nabanye aberu.



2. Hlamba izandla zakho.

Amaqanda entshulube yehagu mandinane kakhu, abonoballi kwaye assaseka lula. Ngoko Hlambisa zakho kakhule ngesepa kakhule emva kokusebenza indlu yangasese ngaphakathi kokuba upathethu ukuthi.



3. Yeya eklinikhi.



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International Cysticercosis Coordination Center,
WHO/OMS Collaborating Center for Parasitic Diseases

